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MINISTRY OF FOOD

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ARRANGEMENTS FOR GRANTING SPECIAL RATIONS AND PRIORITY ALLOWANCES TO INVALIDS AND PERSONS ON SPECIAL DIETS

Much as the Ministry of Food would like to allow extra foods to invalids on humanitarian grounds, it cannot do so in general while rationing continues. Extra foods can, therefore, with rare exceptions, only be provided when they are essential for the treatment of a particular illness.

The first part of this memorandum sets out the conditions for which the Ministry's medical advisers, the Food Rationing (Special Diets) Advisory Committee of the Medical Research Council, have made a general recommendation for additional allowances of rationed foods; applications can only be considered if the conditions are fulfilled as requested. The Committee have, however, expressed their willingness to advise on applications on other grounds in exceptional circumstances, but such cases can only be considered if they are supported by a detailed medical statement giving full particulars of the case and the special reasons why the extra rations are requested. Such information is strictly confidential and will be forwarded to Headquarters for medical consideration.

The second part of the memorandum sets out the special allowances made to expectant mothers, mothers of babies under twelve months, infants and children, as agreed by the Standing Inter-departmental Committee on Medical and Nutritional Problems.

NOTES:

- 1. This document revises MED. 2 (Revised 1948) and similar schedules previously issued.
- 2. The general form of medical certificates (R.G.50) for use when applying for extra rations is applicable to most diseases and can be obtained from any local food office by or on behalf of any registered medical practitioner. For certain illnesses, however, a written statement from the doctor is required.
- 3. When certifying on R.G.50 certificates, the name of the disease from which the patient is suffering can usually be shown by the code number which appears against that disease in this memorandum. Any information given on these forms and statements will be regarded as confidential.
- 4. The name and address of the patient and the date must be entered at the time of signing.
- 5. Certificates for expectant mothers may be signed by a registered medical practitioner, certified midwife, or health visitor. The estimated date of confinement must be given. The certificate will be valid for a period of four months, renewable for a further period on presentation of another certificate.
- 6. The Advisory Committee have expressed the opinion that additional allowances of tea, cream, and chocolate or sweets, are not necessary for the treatment of any complaint, and no applications for additional supplies of these commodities can be considered; nor will additional supplies of meat be granted for the purpose of making beef tea.
- 7. The Committee do not recommend that supplies of white flour be made available to any type of invalid in place of National Flour. The medical profession's attention is drawn to the fact that the roughage content of this flour is extremely low.
- 8. The allowances shewn in the first part of the following table in all cases include the non-priority allowance. They are maximum allowances and smaller amounts can be prescribed.
- 9. The Committee has advised the Ministry that a patient suffering from several diseases each of which qualifies him for extra rations should receive the maximum allowance of each foodstuff for any disease, but should not receive a double allowance of any one foodstuff on account of two diseases. The same considerations apply to a pregnant woman who also suffers from a disease qualifying for extra rations.
- 10. The information given in the following table may vary from time to time. Notification of changes will appear in the medical press.
- 11. Copies of this document may be obtained by registered medical practitioners on application to local food offices.

CONDITIONS QUALIFYING INVALIDS AND PERSONS ON SPECIAL DIETS FOR ADDITIONAL SUPPLIES OF RATIONED AND CONTROLLED FOODS

					2						
	Period of Validity		One year; renewable without further test on application by the doctor.							One year; renewable on application without further medical certification.	
	Certification required		A detailed medical statement giving the reasons why the applicant is unable to tolerate margarine and whether the applicant is prepared to undergo a comprehensive test. The medical advisers will arrange for a test to be made.							R.G. 50.	
	(per week)		Whole of butter/margarine ration in form of butter							3 rations 3 rations 2 rations 12 ozs.	
Allowance	Foods		Butter							Meat Butter Margarine Cheese	(Sugar ration can- celled)
	Code					Projection and Community of the Communit		The company of the co		II(E)	
Conditions		Actinomycosis (see tuberculosis)	Allergy to :— (a) Margarine	(b) Liver extracts (see pernicious anaemia)	Amoebic dysentery (see dysentery)	Bacillary dysentery (see dysentery)	Children incapable of attending school (see Part 2)	Cirrhosis of the liver (see chronic hepatitis)	Coeliac disease (see steatorrhoea)	Diabetes mellitus	

Allowance	ance	Maximum All	owance :k)	Certification required	Period of Validity	
Diabetes mellitus (vegetarian)	11(E)	Butter Margarine Cheese (Sugar, meat and bacon cancelled)	3 rations 3 rations 24 ozs.	R.G. 50.	One year; renewable on application without further medical certification.	
Diabetic ketosis		Sugar	3 rations in exchange for diabetic fat ration	A medical statement that this is necessary for an emergency.	For one week.	
Dysentery (amoebic or bacillary)	IV	Eggs	3	R.G. 50. Signed by a Medical Officer of Health.	One month; renewable on an R.G. 50 signed by a Medical Officer of Health.	
Dysphagia (see swallowing)						
Gastrectomy—partial and total	I(F)	Eggs Sgs	m	R.G. 50. Since many cases of gastrectomy do not require extra eggs, doctors are asked to use their discretion in prescribing them.	3 months; renewable on an R.G. 50.	3
Gastrostomy	11	Eggs Butter/margarine/ cooking fat	3 2 rations	R.G. 50.	3 months; renewable on an R.G. 50.	
Hepatitis, acute infective hepatitis, (catarrhal jaundice) toxic jaundice	A.H.	Meat	4 rations	R.G. 50.	One month; renewable on an R.G. 50 for a maximum period of four months.	
Hepatitis chronic (cirrhosis of the liver)	C.H.	Meat	4 rations	R.G. 50.	3 months; renewable on an R.G. 50.	
Hypertension; cases on Kempner rice diet		Sugar (Fats, cheese, and bacon cancelled)	4 rations	A medical statement that patient has hypertension and is on Kempner rice diet.	As requested by doctor.	

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	Period of Validity		6 months; renewable on an R.G. 50.	6 months; renewable on a fresh certi- ficate.		6 months; renewable on an R.G. 50.		O OHE MEET	6 months; renewable on an R.G. 50.	3 months; renewable on an R.G. 50.			
	Centification required		A detailed medical statement giving (a) the patient's symptoms and (b) the results of the blood sugar estimation (giving the time of the estimation in relation to the previous meal), and any other test carried out to establish the diagnosis.	A detailed medical statement giving figures for patient's plasma protein.	None	A medical statement confirming the gross oedema and albuminuria.	No. of Photophysical	The second of th	A detailed medical statement why patient cannot be treated by parenteral injections of suitable liver extract.	R.G. 50.			
	Maximis Allowance	(per week)	3 rations or as for diabetic patients.	5 rations	In the event of a miscarriage, still birth or death of a child before registration of birth, the mother will be allowed to continue her allowances on the R.B.7 ration book for a period of four weeks after the miscarriage or the birth of the child.	5 rations		and and agreement of the day	Equivalent of 2 meat rations	m			
	Allowance	Code Foods	Sugar or Diabetic rations whichever is prescribed by doctor.	Meat	In the event of a miscarriage, s before registration of birth, t continue her allowances on period of four weeks after th the child.	Meat			Liver	Eggs (
		Ö	ST.		1	ma iis)	ra-		Only lactic injec-	he I(F)	lle.	(see	-
		Conditions	Hypoglycaemia spontaneous	Hypoproteinaemia	Miscarriage, stillbirth or neonatal death	Nephritis— Cases with gross oedema and albuminuria (nephrosis)	Operations (see post-operative conditions)	Paratyphoid (see typhoid)	Pernicious anaemia. Only cases which show anaphylactic reactions to parenteral injections of liver extract.	Post operative conditions-	stomach, duodenum or small intestine	Sensitivity to foods (sallergy)	Sprue (see steatorrhoea)

					5						
Period of Validity		3 months; renewable on an R.G. 50.	The state of the s	3 months; renewable on an R.G. 50.				3 months; renewable on an R.G. 50.	6 months; renewable on an R.G. 50.	I month; renewable on an R.G. 50.	3 months; renewable on an R.G. 50.
Position a citablista		A detailed medical statement giving the evidence for the diagnosis including results of the stool analysis or fat absorption test and stating which foods are	required.	ditto				R.G. 50.	R.G. 50.	R.G. 50 Signed by a Medical Officer of Health	R.G. 50.
N Samuel N	(per week)	6 rations 1 tin (20 ozs. equivalent to 7 pints).	Up to 14 lb. per month	3 rations 1 tin	Up to 14 lb. per month.			3 2 rations	2 rations	E	3
Allowance	Foods	Meat Half Cream National Dried Milk (for cer-	5 yrs. only) Dried bananas	(Margarine/cooking fat coupons will be cancelled) Meat Half Cream National Dried Milk (for cer-	tain patients under 5 yrs. only) Dried bananas	(Margarine/cooking fat coupons will not be cancelled)		Eggs Sugar	Butter Eggs	Eggs	Eggs
	Code							I(C)	I(A)	III	I
	Siloning	Steatorrhoea (including coeliac disease and tropical sprue)		Steatorrhoea convalescent			Stillbirths (see Miscarriage)	Swallowing: Affection of the mouth, throat or gullet, or organic nervous disorder causing interference with swallowing	Tuberculosis, active or actinomycosis	Typhoid (and paratyphoid)	Ulcers; gastric, duodenal, anastomotic

ALLOWANCES TO EXPECTANT MOTHERS AND MOTHERS AFTER CHILDBIRTH

PART 2.

Beneficiary	Foods	Quantity (expressed in weeks and allocations)	Certification required	Period of Validity
Expectant mother	Normal adult's rations plus:— Milk Meat Eggs	7 pints at reduced price \frac{1}{2} adult ration per allocation	R.G. 50 or certificate of pregnancy signed by a registered medical practitioner, certified	Initially for 4 months and renewable for a further period.
	Special foods:— Orange juice Vitamin A and D Tablets or Cod Liver Oil	l bottle (6 ounces) every 9 days l packet (45 tablets) or 1 bottle (6 ounces) every 6 weeks.	mid-wife or nealth visitor.	
Vegetarian expectant mother	As for expectant mother except that a further special cheese ration in place of meat is allowed on the expectant mother's ration book R.B.7.			
Mother after normal childbirth.	Normal adult's rations plus infant's rations plus Vitamin A and D Tablets	I packet (45 tablets) every 6 weeks		Up to 30 weeks after confinement.
Mother after mis- carriage, stillbirth, or neo-natal death.	Normal adult's rations and other allowances (see p. 4) Vitamin A and D Tablets.	I packet (45 tablets) every 6 weeks		Up to 30 weeks after stillbirth or neonatal death.

The rations stated for the expectant mother and the mother after childbirth are additional to the rations which are obtainable as usual on her ration book R.B.I (buff). The milk at reduced price, meat and egg and the orange juice and cod liver oil (or vitamin A and D tablets for expectant mothers) are available on the expectant mother's ration book R.B.Z (grey) and the child's ration book R.B.2 (green).

(I) TOTAL WEEKLY ALLOWANCES OF MILK UNDER THE WELFARE FOODS SERVICE ALLOWANCES TO INFANTS AND CHILDREN

		National dried milk is of two	kinds, full-cream of 26-27 per	cent. fat content and half-	cream of 16-17 per cent. fat	content, in 20-oz. containers.		
Quantity	7 pints of liquid milk at reduced price.	20 ounces National Dried Milk equivalent to 7 pints	30 ,, ,, ,, ,, ,, ,, ,,	., ,, ,, ,, ,, ,, ,, ,, ,,	30 " " " " " " " " " " " " " " " " " " "	" " " " " "		The infant's registration for liquid milk at a reduced price will be cancelled.
Age	0-5 years	0-4 weeks	.: 5-16 .:		35-44	45-52 ,,	I-2 years	
Infants	(a) Fed on liquid milk	(b) Fed on National Dried	ZK		(10 pt in with where		a server and a	

(2) OTHER ALLOWANCES TO NORMAL INFANTS, CHILDREN AND ADOLESCENTS

	Meat	Bacon	Cheese	Fats	Sugar	E SS SS SS	Cod liver oil 6-ounce bottles (per 6 weeks)	Cod liver oil Orange juice 6-ounce bottles bottles (per 6 weeks) weeks)	Tea
Infants 0-6 months		0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	adult	ration		adult	l bottle	½ bottle	lin
6-12 months Children 1-2 years	adult ration		adult	ration		3 per week 3 per week	l bottle l bottle	l bottle I bottle	===
2-5 ". Over 5 years	adult		adult	ration	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	adult		I bottle nil	nil adult ration
	ration								

NOTE :-- Children who do not attend school, etc.

Children between the ages of five and sixteen years, who are certified by an Education Officer or Mental Deficiency Act authority as being generally incapable of attending school, institution or occupation centre may obtain seven pints of liquid milk a week at a reduced price. Application should be made to the Food Office. No medical certificate is required.

RATIONING AND WELFARE FOODS DIVISION, MINISTRY OF FOOD, LONDON.

McC. Wt. 35187,-Bd. 4938-60,000-1/51.